



## County takes steps in Golden Shoe walking campaign

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### FROM LOCAL REPORTS

Former National Football League player Jay Riemersma is among dignitaries helping launch the Golden Shoe Campaign to increase health and wellness in Ottawa County.

The effort by local health officials to get people walking is a six-month effort through October that starts today with ceremonies at three locations.

In Grand Haven, Mayor Roger Bergman and Spring Lake Village Manager Ryan Cotton take part in opening ceremonies at Central Park on Washington Avenue.

Entry forms and maps of the three walking routes will be available at the Loutit District Library, the Herrick District Library in Holland and the Howard Miler Library in Zeeland.

The routes in each city run from 1.3 to 1.8 miles. After walking a route, participants drop off their entry form at the library and are registered to win a wellness basket stocked with items donated by local businesses.

The Golden Shoe Campaign is a project of the Ottawa County Wellness Coalition, a collaboration of community partners working to improve the health of Ottawa County residents by encouraging healthy, sustainable lifestyles. The campaign includes special prizes for walkers able to find a gold-painted running shoe on their local jaunts.

Designated walking routes are available at local libraries or online at [gethealthyottawa.org](http://gethealthyottawa.org).